














		STRENGTH	AGILITY	VITALITY	ARMOR		
		STÄRKE	BEWEGLICHKEIT	VITALITÄT	MUT		
							
<b>Fleischfetzen</b> <b>Shredded Roast</b>					14%	1 health/sec	2
<b>Gegrilltes Steak</b> <b>Grilled Steak</b>				14%		2 health/sec	3
<b>Gekochter Fisch</b> <b>Cooked Fish</b>			14%			3 health/sec	4
<b>Schleimsuppe</b> <b>Gruel</b>		14%				6 health/sec	*6
<b>Vorzüglicher Eintopf</b> <b>Exquisite Stew</b>		7%		7%		7 health/sec	7
<b>Nachhaltiges Festmahl</b> <b>Lasting Feast</b>				7%	7%	8 health/sec	8
<b>Verfeinerte Schleimsuppe</b> <b>Enhanced Gruel</b>		7%	7%			9 health/sec	9
<b>Exotisches Festmahl</b> <b>Exotic Feast</b>		7%		7%		10 health/sec	10
<b>Gekochte Schweineschwarten</b> <b>Cooked Pork Rinds</b>		7%			7%	1 health/sec	1
<b>Gegrillte Keule</b> <b>Roasted Haunch</b>						4 health/sec	5

\*6 Schleimsuppe/Gruel: This food get automatically added or filled up in the thralls inventory.